# FIND YOUR FIT

### BRACELETS

### HOW TO MEASURE YOUR BRACELET SIZE



**1.** Wrap a string, ribbon, or paper around your wrist.

**2.** Using a pen, make a mark where the string, ribbon or paper meets.

**3.** Measure the size in centimeters using a ruler.

**4.** Look for the corresponding size in the chart .

SIZE	EUROPE	USA
SMALL	14 - 15 CM	5.5 - 5.9 IN
MEDIUM	15 - 16 CM	5.9 - 6.3 IN
LARGE	16 - 17 CM	6.3 - 6.7 IN
EXTRA LARGE	17 - 18 CM	6.7 - 7.0 IN

# FIND YOUR FIT

### RING

#### HOW TO MEASURE YOUR RING SIZE



**1.** Using a length of string or ribbon, wrap it around the base of your finger. To ensure the ring fits comfortably, we suggest measuring your knuckle as well. We recommend selecting a size that will slide on and off your finger easily.

**2.** With a pen, mark the point on the string where the ends meet.

**3.** Measure the string in millimeters with a ruler.

**4.** Choose the closest measurement to the chart below to identify your ring size.

#### TIPS

- The string or ribbon must fit snugly to produce an accurate size reading.

- Finger size can change depending on the time of day and weather; for the most accurate measurement, measure your finger at different times of the day, and on different days to provide comparisons.

- Avoid measuring your fingers when they are cold or wet, as they will be at their smallest.

FINGER CIRCUMFERENCE (MM)	EUROPE SIZE	USA SIZE	UK SIZE
44	44	3	F <sup>1/2</sup>
45	45	31/4	G
46	46	33/4	Н
47	47	4	H <sup>1/2</sup>
48	48	41/2	1/2
49	49	4 <sup>3/4</sup>	J <sup>1/2</sup>
50	50	51/4	K
51	51	5 <sup>3/4</sup>	L
52	52	6	L <sup>1/2</sup>
53	53	61/4	M <sup>1/2</sup>
54	54	6 <sup>3/4</sup>	N <sup>1/2</sup>
55	55	71/4	0
56	56	7 <sup>1/2</sup>	Р
57	57	8	P <sup>1/2</sup>
58	58	81/4	Q <sup>1/2</sup>
59	59	8 <sup>3/4</sup>	R
60	60	9	S
61	61	91/2	S <sup>1/2</sup>
62	62	10	T <sup>1/2</sup>
63	63	101/4	U <sup>1/2</sup>
64	64	10 <sup>3/4</sup>	V
65	65	11	W
66	66	<b>11</b> <sup>1/2</sup>	W <sup>1/2</sup>
67	67	11 <sup>3/4</sup>	X <sup>1/2</sup>
68	68	121/4	Z