## FIND YOUR FIT

BRACELETS

## HOW TO MEASURE YOUR BRACELET SIZE



1. Wrap a string, ribbon, or paper around your wrist.
2. Using a pen, make a mark where the string, ribbon or paper meets.
3. Measure the size in centimeters using a ruler.
4. Look for the corresponding size in the chart.

| SIZE | EUROPE | USA |
| :---: | :---: | :---: |
| SMALL | $14-15 \mathrm{CM}$ | $5.5-5.9 \mathrm{IN}$ |
| MEDIUM | $15-16 \mathrm{CM}$ | $5.9-6.3 \mathrm{IN}$ |
| LARGE | $16-17 \mathrm{CM}$ | $6.3-6.7 \mathrm{IN}$ |
| EXTRA LARGE | $17-18 \mathrm{CM}$ | $6.7-7.0 \mathrm{IN}$ |

## FIND YOUR FIT

RING

## HOW TO MEASURE YOUR RING SIZE



1. Using a length of string or ribbon, wrap it around the base of your finger. To ensure the ring fits comfortably, we suggest measuring your knuckle as well. We recommend selecting a size that will slide on and off your finger easily.
2. With a pen, mark the point on the string where the ends meet.
3. Measure the string in millimeters with a ruler
4. Choose the closest measurement to the chart below to identify your ring size.

TIPS

- The string or ribbon must fit snugly to produce an accurate size reading
- Finger size can change depending on the time of day and weather; for the most accurate measurement, measure your finger at different times of the day, and on different days to provide comparisons.
- Avoid measuring your fingers when they are cold or wet, as they will be at their smallest

| 44 | 44 | 3 | $\mathrm{F}^{1 / 2}$ |
| :---: | :---: | :---: | :---: |
| 45 | 45 | $3^{1 / 4}$ | G |
| 46 | 46 | $3^{3 / 4}$ | H |
| 47 | 47 | 4 | $\mathrm{H}^{1 / 2}$ |
| 48 | 48 | $4^{1 / 2}$ | $1^{1 / 2}$ |
| 49 | 49 | $4^{3 / 4}$ | $J^{1 / 2}$ |
| 50 | 50 | $5^{1 / 4}$ | K |
| 51 | 51 | $5^{3 / 4}$ | L |
| 52 | 52 | 6 | $L^{1 / 2}$ |
| 53 | 53 | $6^{1 / 4}$ | $M^{1 / 2}$ |
| 54 | 54 | $6^{3 / 4}$ | $\mathrm{N}^{1 / 2}$ |
| 55 | 55 | $7^{1 / 4}$ | $\bigcirc$ |
| 56 | 56 | $7^{1 / 2}$ | P |
| 57 | 57 | 8 | $\mathrm{P}^{1 / 2}$ |
| 58 | 58 | $8^{1 / 4}$ | $Q^{1 / 2}$ |
| 59 | 59 | $8^{3 / 4}$ | R |
| 60 | 60 | 9 | S |
| 61 | 61 | $9^{1 / 2}$ | $\mathrm{S}^{1 / 2}$ |
| 62 | 62 | 10 | $\mathrm{T}^{1 / 2}$ |
| 63 | 63 | $10^{1 / 4}$ | $U^{1 / 2}$ |
| 64 | 64 | $10^{3 / 4}$ | V |
| 65 | 65 | 11 | W |
| 66 | 66 | $11^{1 / 2}$ | $W^{1 / 2}$ |
| 67 | 67 | $11^{3 / 4}$ | $\mathrm{X}^{1 / 2}$ |
| 68 | 68 | $12^{1 / 4}$ | Z |

